

- Health & Allergies -

Please do not attend a workshop with Total Arts! if:

- You've had a fever and have not been fever-free for at least 24 hours without medication
- You have active symptoms of illness such as those for COVID19, the flu, a sinus cold, etc. that is not due to allergies
- You missed your regularly scheduled events (school, athletics, music lessons, work, etc.) due to being sick on the day of your Total Arts! class, event, or workshop.
- You have been a close contact of someone who has tested positive for COVID within the past 5 days, unless you have tested negative with a home COVID test on the day of the program and are symptom-free.

COVID-19 Policy

Current CDC guidelines allow for the return to normal activities following a positive test after being fever-free for 24 hours without medication plus the reduction of symptoms. They recommend wearing a mask for a few days out of an abundance of caution. Our staff will follow these guidelines at Total Arts!

Allergies & Food sensitivities

Total Arts! is **nut-free** (tree nuts and peanuts) for any program where students will bring in food (such as our No-School-Days and Summer Program events) in order for us to be a safe location for all of our students..

- Additional food restrictions may be required based on the needs of the students attending a given program.
 - Food restrictions for a given program will be communicated to the group with as much advance notice as possible.
- Please let us know if your child has food allergies and include specific information in your Total Arts account.*

Please do not send any food with your child that contains, may contain, or is manufactured on equipment that may contain nuts of any kind. This includes peanuts, almonds, hazelnuts, cashew nuts, macadamia nuts, walnuts, pecans, pistachio nuts, coconut, etc. that may be found in sandwich spreads, snacks, and/or granola bars.

- Please check the ingredient list on anything you send with your child.
- Sun Butter is a safe alternative to nut-based sandwich spreads.
- Any food containing nut ingredients will be confiscated and returned at the end of the day.